

## SABBATH AS RESISTANCE

Sabbath as Resistance: An Ethic of Faithful Defiance

Fri., Jan. 27 / 9:30 a.m.-12:30 p.m. / Registration opens at 9:00 a.m.

Despite the Christian injunction to love our neighbors as ourselves, self-care—a form of self-love that is crucial for sustaining personal and professional wellbeing—continues to be a struggle for many in ministry and the helping professions. [Learn more.](#)

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