

# BUILDING TRAUMA-INFORMED AND RESILIENT COMMUNITIES: CONTINUING THE CONVERSATION

# DATE

Oct. 4, 2019, 9:00 a.m.-1:30 p.m.

# **OVERVIEW**

Join us for this workshop, designed for ministers, community leaders, and mental health professionals serving populations or communities that have been historically underserved and/or have experienced trauma. In service to these clients, you will to increase your awareness and knowledge of trauma, including psychological and vicarious trauma, and its impact on communities. Learn key principles of a trauma-informed approach as well as practical and evidence-based techniques to develop trauma-informed and resilient communities. A trauma-informed and resilient approach is one in which communities, organizations, programs, and systems:

realize the prevalence and impact of trauma;

recognize the signs and symptoms of trauma in individuals, families, and groups;

respond by integrating the knowledge about trauma into policies, procedures, and practices; and

resist practices that could cause more harm (Substance Abuse and Mental Health Services Administration, 2018).

In this workshop, you will:

increase your understanding of various forms of trauma;

learn the key principles of a trauma-informed approach; and

develop practical and evidence-based skills to build trauma-informed and resilient communities.

CEs will be available for licensed social workers, professional counselors, and marriage/family therapists. CEUs will be available to ministry professionals.

Co-sponsored by University of Pittsburgh Center for Bioethics and School of Social Work, and Pittsburgh Pastoral Institute, with support from Desert Ministries Inc., and its founding director, the late Rev. Dr. Richard M. Cromie.

# **INSTRUCTOR**

**Taunya M. Tinsley** has a wealth of experience providing appropriate personal and academic growth opportunities for those seeking to become professional master's degree-level counselors as well as for those helping professionals seeking advanced or specialty areas of training and development in multicultural education and counseling, spiritual and Christian interventions, and sports counseling/athlete development. In the fall 2019, Dr. Tinsley will begin a new journey as an assistant professor in the Education and Counseling Department at Villanova University.

Dr. Tinsley has also managed to stay active in both the workplace and in the community advocating for and promoting organizations, helping professionals and their clients. Dr. Tinsley served on the board for the Association of Spiritual, Ethical and Religious Values in Counseling (ASERVIC). She began her presidency term for the Association for Multicultural Counseling and Development (AMCD; A Division of the American Counseling Association) July 1, 2019.

## REGISTRATION



#### REGISTRATION FEE

This event is free; however, registration is required as our space is limited.

#### REGISTERING FOR CES

If you are a licensed professionals wishing to receive CEs for attending this workshop, select the optional item as part of the online checkout process. If you need assistance, call 412-924-1345.

## LOCATION / CES AND CEUS / QUESTIONS

#### LOCATION

This workshop will be held at **Homewood Community Engagement Center**, 622 N Homewood Ave, Pittsburgh, PA 15208.

#### **CES AND CEUS**

4.0 CEs are available for licensed social workers, marriage/family therapists, and professional counselors.

0.4 CEUs are available for ministry professional upon request from the Office of Continuing Education, PTS.

#### QUESTIONS

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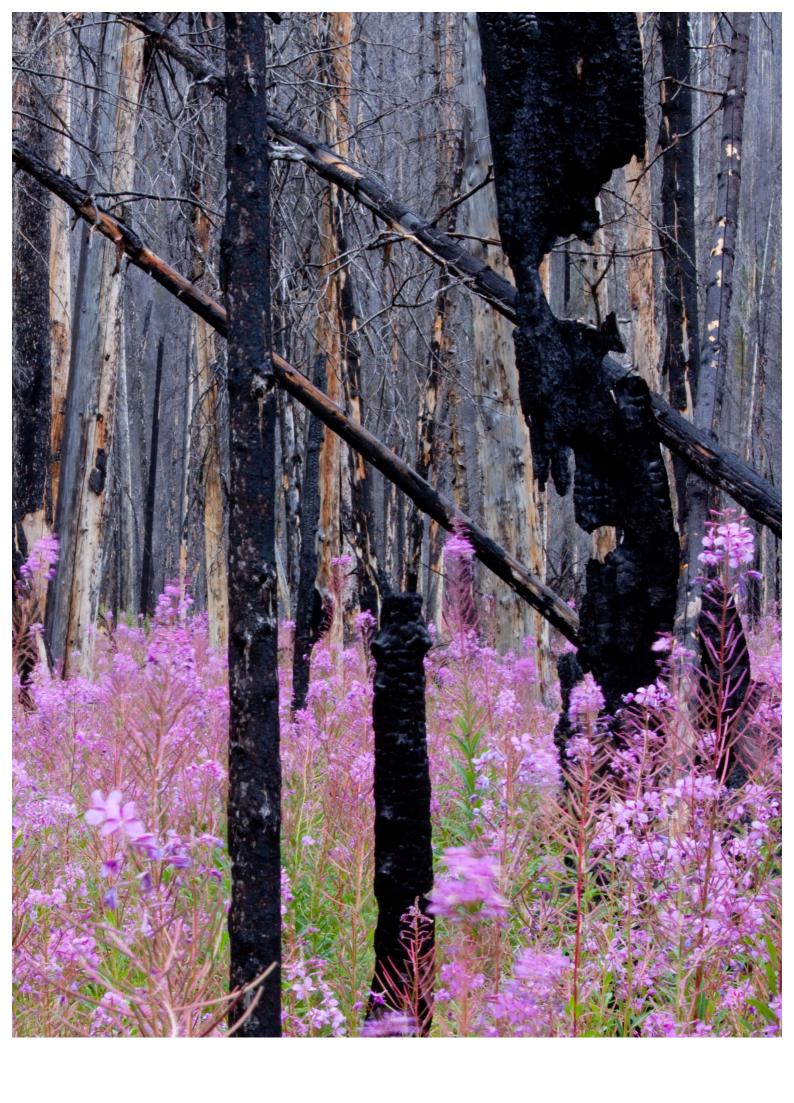
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Pittsburgh Theological Seminary 616 North Highland Avenue Pittsburgh, PA 15206 Phone: 412-362-5610





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