

# CONTINUING EDUCATION NEWS



# THE CONTEMPLATIVE PRACTICE OF MOTHERHOOD

## A HYBRID SPIRITUAL FORMATION EVENT

### DATES

Two face-to-face sessions: Jan. 12 and March 2, 2019; Online sessions between January and March.

### OVERVIEW

It seems like motherhood should be a holy experience, but for many it can feel just the opposite. In caring for children, mothers can lose access to the ways they've always known to connect with God. Join us to explore ways motherhood can be a contemplative practice that nurtures your own soul to be an image-bearer of God.

This class meets both in-person and online. The online materials will be available at the student's convenience, i.e., offered asynchronously. We will book-end the course with two half-day retreats at Pittsburgh Theological Seminary:

Sat., Jan. 12, 9:00 a.m. - 1:00 p.m.

Sat., March 2, 10:00 a.m. - 1:00 p.m.

During the seven in-between weeks, we will provide online opportunities to interact and reflect that can be done at your own pace. Our material comes from Lauren Burdette's forthcoming book, *This Life That Is Ours: Motherhood as Spiritual Practice*.

### INSTRUCTORS

Lauren Burdette, Spiritual Director, Retreat Leader, and Author

Renée Prymus, Instructor of English, University of Pittsburgh, and Managing Editor for [www.ChristiansPracticingYoga.com](http://www.ChristiansPracticingYoga.com)

### REGISTRATION / DIRECTIONS / CEUS



**Registration Deadline:** December 20, 2018

**Fee:** \$110 (includes lunch for the two face-to-face sessions); Maximum enrollment 18

**Directions** to the Seminary campus. Free parking is available on campus behind the chapel and library.

**CEUs:** 1.0 Certificate available upon request.

### QUESTIONS

E-mail [Click to view e-mail](#) or call 412-924-1345.

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