

# LENT DEVOTIONAL



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## LENTEN DEVOTIONAL MARCH 22, 2022

### SCRIPTURE

#### Psalm 146

1 Praise the LORD!  
Praise the LORD, O my soul!  
2 I will praise the LORD as long as I live;  
I will sing praises to my God all my life long.

3 Do not put your trust in princes,  
in mortals, in whom there is no help.  
4 When their breath departs, they return to the earth;  
on that very day their plans perish.

5 Happy are those whose help is the God of Jacob,  
whose hope is in the LORD their God,  
6 who made heaven and earth,  
the sea, and all that is in them;  
who keeps faith forever;  
7 who executes justice for the oppressed;  
who gives food to the hungry.

The LORD sets the prisoners free;  
8 the LORD opens the eyes of the blind.

The LORD lifts up those who are bowed down;  
the LORD loves the righteous.

9 The LORD watches over the strangers;  
he upholds the orphan and the widow,  
but the way of the wicked he brings to ruin.

10 The LORD will reign forever,  
your God, O Zion, for all generations.  
Praise the LORD!

## **DEVOTIONAL**

**The Rev. Erin Davenport '05, LSW, Director of Strategic Initiatives**

I spend a lot of my time reading the news on my phone or in some of my favorite magazines. As I read, I often wonder: where is the hope? I spend hours researching candidates for elections, reading up on policies, and educating myself so that I have a glimmer of understanding of what is or is not happening in the world around me. And I often wonder: where is the hope? I confess that at times, I find myself looking for hope in all the wrong places. I look for hope in politics, government, and social service organizations. I look for hope in my checking account, online shopping, and local stores. And yet this hymn reminds me that the hopes of this world perish when the person, place, or thing connected to them perishes. These hopes are temporal. The hope of the God of Jacob is eternal. This hope is not something I wander around looking for, but something that finds me. God's hope is a hope that finds all of us.

## **PRAYER**

Jesus, you are our hope. Thank you for reaching out to us with your hope this day and every day. Help us to see the hope that you provide us today. Amen.

## **ABOUT PITTSBURGH THEOLOGICAL SEMINARY**

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