

LENT DEVOTIONAL



LENT PROGRAM

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LENT DEVOTIONAL MARCH 21, 2025

SCRIPTURE

PSALM 148

- 1 Praise the Lord!
Praise the Lord from the heavens;
praise him in the heights!
- 2 Praise him, all his angels;
praise him, all his host!
- 3 Praise him, sun and moon;
praise him, all you shining stars!
- 4 Praise him, you highest heavens,
and you waters above the heavens!
- 5 Let them praise the name of the Lord,
for he commanded and they were created.
- 6 He established them forever and ever;

he fixed their bounds, which cannot be passed.
7 Praise the Lord from the earth,
you sea monsters and all deeps,
8 fire and hail, snow and frost,
stormy wind fulfilling his command!
9 Mountains and all hills,
fruit trees and all cedars!
10 Wild animals and all cattle,
creeping things and flying birds!
11 Kings of the earth and all peoples,
princes and all rulers of the earth!
12 Young men and women alike,
old and young together!
13 Let them praise the name of the Lord,
for his name alone is exalted;
his glory is above earth and heaven.
14 He has raised up a horn for his people,
praise for all his faithful,
for the people of Israel who are close to him.
Praise the Lord!

DEVOTION

Roderick Mason '18

Life moves fast—there's always another meeting, event, or errand to run. Some days, it feels impossible to keep up with everything.

But Psalm 148 invites us to pause and join the ultimate anthem of praise. This psalm is a breathtaking call to worship, where everything in creation—angels, stars, mountains, trees, animals, and even the weather—proclaims God's majesty. And humanity, as His image-bearers, is uniquely invited to lift our voices, too.

What strikes me is that worship isn't just about singing in church. It's woven into the world around us. The rustling of leaves, the glow of the stars, and the warmth of the sun—they all silently reflect God's beauty, power, and grace. As Psalm 19:1 reminds us, "The heavens declare the glory of God; the skies proclaim the work of His hands."

But while creation praises God simply by existing as He designed, we are called to something more. We are invited to worship intentionally—with our voices, choices, and lives. This means acknowledging God's sovereignty, showing gratitude for His blessings, and living in ways that reflect His love and character.

In a busy, sometimes harsh world, it's important for us as believers to reflect Christ. How can you join this universal song of praise today? Maybe it's through thanking a loved one, encouraging a friend, or simply pausing to notice the beauty around you. Even in small ways, you can reflect God's glory.

Take a moment today to look at creation and see how it praises God. Let it inspire you to add your voice to the symphony of praise. In the chaos of life, remember the simple truth: Let everything that has breath praise the Lord!

PRAYER

Heavenly Father, in a world full of challenges, help us embrace the beauty of all creation praising You. Inspire us to join this vision daily, lifting our voices and lives in worship, from the depths to the heights. Let our praise reflect Your glory. Amen.

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