

## DEMENTIA CAREGIVER TRAINING WITH UPMC SENIOR SERVICES

SEPT. 18, SEPT. 25, OCT. 2, 2024, 1:00-3:00 P.M.

## PITTSBURGH THEOLOGICAL SEMINARY

This class is full and registration is now closed. To be added to the waiting list, e-mail Click to view e-mail. Or, view alternate dates, times, and locations offered by UPMC Senior Services.

This three-part program will consist of elements from the Positive Approach to Care® education program as well as curriculum developed from UPMC Senior Services. These trainings allow caregivers and champions to learn practical skills to better communicate and engage with people living with dementia and gain knowledge about the cognitive and behavioral changes that arise. Activities include role-playing, presentations, exercises, and group interactions. This program consists of two-hour modules over three weeks:

**Week 1**: Module 1 - What is Dementia? How Do We Help?

Week 2: Module 2 - Approach to Brain Change

Week 3: Module 3 - Team Approach to Unexpected Behaviors



The University of Pittsburgh's Pittsburgh Regional Dementia Caregiver Training and Employment Program was awarded a grant through the Henry L. Hillman Foundation as a part of its Healthy Aging Challenge. The University of Pittsburgh's primary team and core advisors leading this caregiver initiative consist of experienced clinicians and dementia care experts in Pitt's Division of Geriatric Medicine, Departments of Neurology and Psychiatry, and Alzheimer's Disease Research Center. UPMC Senior Services is a partner in this program to provide this training to family caregivers, professionals, and intergenerational champions.

Co-sponsored by the PTS Office of Continuing Education, this in-person training is relevant for formal or informal caregivers, religious leaders, family members, and anyone wishing to know more about recognizing signs of dementia and increase skills in caring compassionately for persons with dementia. You're encouraged to attend all three sessions.

Learn more online.

## REGISTRATION

## **QUESTIONS**

Pittsburgh Theological Seminary 616 North Highland Avenue Pittsburgh, PA 15206 Phone: 412-362-5610



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