

# CONTINUING EDUCATION



PROGRAM

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# ENTERING THE PSALMS

## AN ONLINE SPIRITUAL FORMATION ELECTIVE

### DATES

March 10, 17, 24, 31, 2022, 2:00-5:00 p.m. ET (synchronous meeting times)

### OVERVIEW

Join us for an exploration of the Psalms - the themes, the poetry, and the emotion. We will be delving into the meaning and importance of particular chapters and drawing parallels to our own lives through reflection and reading.

### INSTRUCTOR

**Rabbi Rachel Barenblat**, named in 2016 by *The Forward* as one of America's Most Inspiring Rabbis, is a rabbi and spiritual director. She is a founding builder at Bayit: Building Jewish, and serves as a spiritual leader of Congregation Beth Israel in North Adams, Mass. Since 2003, she has blogged as The Velveteen Rabbi, and in 2008, *TIME* named her blog one of the top 25 sites on the Internet.

She is author of six book-length collections of poetry: *70 faces: Torah poems* (Phoenicia Publishing, 2011), *Waiting to Unfold* (Phoenicia, 2013), *Toward Sinai: Omer poems* (Velveteen Rabbi, 2016), *Open My Lips* (Ben Yehuda Press, 2016), *Texts to the Holy* (Ben Yehuda, 2018), and *Crossing the Sea* (Phoenicia, 2020.) In 2019 she edited *Beside Still Waters: A Journey of Comfort and Renewal* (Bayit and Ben Yehuda), a volume for the mourner's path. Her work has appeared in numerous periodicals and anthologies.

She has taught courses arising from the intersection of the literary life and the spiritual life for Bayit, the Academy for Spiritual Formation, the National Havurah Institute (where she was digital liturgist in residence in 2020), and Beyond Walls, a writing program for clergy of many faiths at the Kenyon Institute.

### ADVANCE PREPARATION

If you are taking this class for personal enrichment, you are encouraged to read the books, but it is not a requirement for participation. For those enrolled in the Spiritual Formation Certificate Program, please read the required books (listed below) prior to your arrival. A one-paragraph statement on a point from each book that connected with you will be due by the first meeting.

**Required Reading:** These materials will be provided within the next several months.

### Schedule

A schedule of times when the class will meet synchronously (all at the same time) are listed above. Registrants should plan to commit these hours for class work and guard against interruptions. Portions of each session will be (1) online, face-to-face presentation; (2) dedicated individual reflection work; and (3) open discussion forums with the instructor. Other content may be made available for download or viewing at the student's convenience.

### REGISTRATION



Registration will open soon - Thank you for your patience.

Registration fee: \$275

### QUESTIONS

E-mail [Click to view e-mail](#) or call 412-924-1345.

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Phone: 412-362-5610



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