

## MEDITATION FOR CANCER PATIENTS



Pittsburgh Theological Seminary will host “Spiritually Focused Meditation for Cancer Patients:

A Unique Healing Approach for Use in Clinical and Pastoral Settings” Fri., Nov. 18, 2011, from 10:00 a.m. - 3:00 p.m. Brenda Cole and Clare Hopkins will lead the event.

Drs. Cole and Hopkins have been developing and testing spiritually-focused meditation interventions for cancer patients for the past 10 years. Their research and clinical experiences have given them a unique opportunity to learn from patients the ways in which spirituality and religion are woven into the cancer journey, at times evoking profound spiritual struggles and at times offering meaning and comfort in the midst of human suffering. Their awareness of these spiritual dimensions has led them to develop and test spiritually-focused meditation interventions to address and resolve spiritual struggles and assist patients in strengthening and deepening their relationship to the “Sacred” within the process of coping with cancer.

In this seminar they will share the work they have been doing. From a research perspective, they will share their soon-to-be published, ground breaking results. From a clinical and pastoral perspective, they will present an overview of the spiritually-focused intervention that they have used in their research, following a semi-structured treatment manual. The manual, included in the cost of the workshop, is a resource for mental health workers and clergy for addressing spiritual dimensions of recovery from cancer with patients or church members.

Pittsburgh Theological Seminary is approved by the American Psychological Association to sponsor continuing education for psychologists. Psychologists, social workers, marriage and family therapists, and professional counselors who complete this course can earn 0.4 CE credits. Registration fee is \$70 per person. Contact the Office of Continuing Education 412-924-1345 or [ConEd@pts.edu](mailto:ConEd@pts.edu) to register for this event. **Brochure**

Pittsburgh Theological Seminary is a graduate professional institution of the Presbyterian Church (U.S.A). Founded in 1794, the Seminary is located in Pittsburgh, Pa. and approximately 310 students are enrolled yearly in the degree programs. The Seminary prepares leaders who proclaim with great joy God’s message of good news in both word and deed. PTS is rooted in the Reformed history of faithfulness to Scripture and commitment to the Gospel of Jesus Christ.

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