

## LENTEN DEVOTIONAL MARCH 13, 2015

Written by Kimberly Gates Merrell, director of MUI, and brought to you by the **Metro-Urban Institute** at Pittsburgh Theological Seminary

### SCRIPTURE

#### PSALM 22

1 My God, my God, why have you forsaken me?  
Why are you so far from helping me, from the words of my groaning?  
2 O my God, I cry by day, but you do not answer;  
and by night, but find no rest.  
3 Yet you are holy,  
enthroned on the praises of Israel.  
4 In you our ancestors trusted;  
they trusted, and you delivered them.  
5 To you they cried, and were saved;  
in you they trusted, and were not put to shame.  
6 But I am a worm, and not human;  
scorned by others, and despised by the people.  
7 All who see me mock at me;  
they make mouths at me, they shake their heads;  
8 “Commit your cause to the LORD; let him deliver —  
let him rescue the one in whom he delights!”  
9 Yet it was you who took me from the womb;  
you kept me safe on my mother’s breast.  
10 On you I was cast from my birth,  
and since my mother bore me you have been my God.  
11 Do not be far from me,  
for trouble is near  
and there is no one to help.  
12 Many bulls encircle me,  
strong bulls of Bashan surround me;  
13 they open wide their mouths at me,  
like a ravening and roaring lion.  
14 I am poured out like water,  
and all my bones are out of joint;  
my heart is like wax;  
it is melted within my breast;  
15 my mouth is dried up like a potsherd,  
and my tongue sticks to my jaws;  
you lay me in the dust of death.  
16 For dogs are all around me;  
a company of evildoers encircles me.  
My hands and feet have shriveled;

17 I can count all my bones.  
They stare and gloat over me;  
18 they divide my clothes among themselves,  
and for my clothing they cast lots.  
19 But you, O LORD, do not be far away!  
O my help, come quickly to my aid!  
20 Deliver my soul from the sword,  
life from the power of the dog!  
21 Save me from the mouth of the lion!  
From the horns of the wild oxen you have rescued me.  
22 I will tell of your name to my brothers and sisters;  
in the midst of the congregation I will praise you:  
23 You who fear the LORD, praise him!  
All you offspring of Jacob, glorify him;  
stand in awe of him, all you offspring of Israel!  
24 For he did not despise or abhor  
the affliction of the afflicted;  
he did not hide his face from me,  
but heard when I cried to him.  
25 From you comes my praise in the great congregation;  
my vows I will pay before those who fear him.  
26 The poor shall eat and be satisfied;  
those who seek him shall praise the LORD.  
May your hearts live forever!  
27 All the ends of the earth shall remember  
and turn to the LORD;  
and all the families of the nations  
shall worship before him.  
28 For dominion belongs to the LORD,  
and he rules over the nations.  
29 To him, indeed, shall all who sleep in the earth bow down;  
before him shall bow all who go down to the dust,  
and I shall live for him.  
30 Posterity will serve him;  
future generations will be told about the Lord,  
31 and proclaim his deliverance to a people yet unborn,  
saying that he has done it.

## DEVOTION

Praise the Lord! Praise the God who is, who was and is to come! Our hope and trust is always in the Lord.

In this life we face devastating trials, anguish, betrayal, and pain. Sometimes it may even feel like the God who always felt so close is so far away. Many of us have struggled with the death of a loved one, illness, financial troubles, relational heartbreak, and personal addictions. In our despair we must lift God up above our problems. We must lift God up above our understanding. We must lift God up above our pain.

As we let go of the death grip of fear we have on our own lives and surrender to God, miracles happen. We open up our lives to victory as we set our eyes on the one who is Lord of all and with us through it all.

## PRAYER

Lord we surrender our hurt, our pain, our control, and our fear. We lay our lives down before your throne. We confess that YOU ARE LORD. God, we receive your rest. Amen.

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